

ADDICTION STUDIES AND COUNSELING CERTIFICATE

Program code: ASCP-CC

Location: Gateway, Manchester, Naugatuck Valley

Program Description

The Addiction Studies & Counseling Certificate (formerly Drug & Alcohol Recovery Counselor Certificate) is ideal for individuals who are already working in the field of the treatment of substance use disorders, desire a fast-track to certification, are receiving clinical supervision, and/or hold an advanced degree in a closely related field (e.g., social work, counseling, etc.) who would like to supplement their expertise. ASC certificate recipients with degrees and/or experience are prepared for opportunities as counselors for those with substance use disorders in public and private agencies such as community and residential health facilities, hospitals, prevention organizations, youth and family services, and the criminal justice system.

The ASC certificate curriculum consists of 21 credits, meets the Connecticut Certification Board (CCB) requirements to become a CAC (certified addiction counselor), and prepares graduates to take the certification examination administered by CCB. The ASC certificate also satisfies the speciality education requirements for those currently holding a related master's degree and are applying for licensure as an LADC.

Learning Outcomes

Upon successful completion of the ASC Certificate, a recipient should be able to:

1. Describe the physiological, emotional, physical, and psychological basis of substance use disorders.
2. Define the causes and characteristics of substance use disorders relevant to various populations and cultures.
3. Define, examine, and apply counseling theories to counseling those with substance use disorders.
4. Define, demonstrate, and apply ethical principles and practices according to the CCB, and professional behavior for working directly in the counseling field.
5. Demonstrate knowledge and skills related to counseling skills and relapse prevention education and strategies.
6. Describe the categories of drugs and effects on the body, brain, and fetus.
7. Describe characteristics of those with substance use disorders and specific treatment strategies for working with this population.
8. Demonstrate the ability to develop, draft, and implement individual treatment plans.
9. Describe and demonstrate the use of case management including screening, intake, evaluation, accurate records, treatment, and discharge in the treatment of persons with addiction.
10. Describe and demonstrate skills involved in crisis intervention.
11. Describe the purpose and availability of self-help groups for persons with substance use disorders.
12. Describe the effects of substance use disorders on the family and community including education, health care, and the economy.

13. Describe the stages of change model and recovery for families and their application to treatment of substance use disorders.
14. Describe the transdisciplinary foundations and competencies required of substance abuse counselor.
15. Describe the use of medication in the treatment of substance use disorders.

Certificate Requirements

Code	Title	Credits
Required Courses		
ASC 1001	Public Health Issues and Addiction	3
ASC 1011	Addiction Counseling I (this course must be taken in a student's first term)	3
ASC 1012	Group Counseling Theory and Techniques	3
ASC 1058	Biology of Addiction	3
ASC 2011	Addiction Counseling II	3
ENG 1010	Composition	3
	ASC Elective - See advisor or program coordinator for most appropriate elective choice.	3
Total Credits		21

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