

# HUMAN SERVICES: MENTAL HEALTH CERTIFICATE

**Program code:** MNHL-CC-HS

**Location:** Asnuntuck, Capital, Housatonic, Middlesex, Naugatuck Valley

## Program Description

The Human Services Mental Health Certificate prepares students for entry level positions as mental health aids, work in rehabilitation agencies, or at other mental health agencies. Students who complete this certificate are assigned to work under the supervision of other licensed and/or credential professionals such as social workers, case managers, counselors, addiction specialists, and psychologists and handle a wide range of entry level job responsibilities.

The certificate is designed to provide education and training for individuals seeking entry employment in various human service settings. It is also designed to provide a basis for those who choose to continue their education in social work, early intervention and prevention, gerontology, mental health, home visitation, early childhood and education programming, addiction, advocacy, social justice, and other related fields.

This 30-credit career certificate is designed to prepare students for diverse employment opportunities and competent performance in a variety of entry-level community, care related, and social service minded organizations. Instruction is cross-disciplinary and designed for maximum transferability for those wishing to continue their studies to psychology, social work, education, or other helping professions. Emphasis is on the empirical and theoretical aspects of the social sciences and application through experiential learning including a practicum. This degree is interdisciplinary in nature and embraces the holistic approach. Students may be required to complete a background check, drug screening, and proof of health (e.g., vaccinations) for field work. Field work may be required which may include travel at the student's expense, coordination, and planning.

## Learning Outcomes

Student will understand and/or acquire knowledge:

1. The history and foundation of the human services profession.
2. Entry-level skills of appropriate strategies, techniques, and intervention for best practices.
3. Working collaboratively in and with groups of diverse sizes and demographics.
4. Skills and methods appropriate for use and application with diverse populations.
5. Entry-level competency in the performance of case management needs assessment, group work, interviewing process, and client engagement.

## Certificate Requirements

Code	Title	Credits
<b>Required Courses</b>		
ENG 1010	Composition	3
PSY 1011	General Psychology I	3
HSER 2420	Group and Interpersonal Relations	3

PSY 2045	Abnormal Psychology	3
PSY 2053 or SOC 2020	Multicultural Psychology Racial and Ethnic Diversity	3
HSER 1001	Introduction to Human Services	3
HSER 1034	Introduction to the Mental Health System	3
PSY 2001	Lifespan Development	3
HSER 2242	Human Services Skills and Methods	3
HSER 2690 or HSER 2696	Behavioral Healthcare Fieldwork <sup>1</sup> Human Services Practicum I	3
<b>Total Credits</b>		<b>30</b>

<sup>1</sup> See program advisor/coordinator or an academic counselor to discuss practicum (HSER 2690 Behavioral Healthcare Fieldwork and HSER 2696 Human Services Practicum I) requirements during your first semester at the CT State Community College. Both HSER 2690 Behavioral Healthcare Fieldwork and HSER 2696 Human Services Practicum I require 120 hours of field work. Finally, students may be required to complete a background check, proof of health (e.g., vaccinations), and drug screening for field work.

- Human Services, AS
- Human Services: Behavioral Healthcare Specialist Certificate
- Human Services: Gerontology Certificate
- Human Services: Management Certificate

Related CSCU Transfer Ticket Program

- Human Services: Social Work Studies - CSCU Transfer Degree, AA