

# THERAPEUTIC RECREATION CERTIFICATE

or HSER 2600

Supervision and Management in Human  
Services**Total Credits****30****Program code:** THER-CC**Location:** Manchester, Middlesex

## Program Description

The Therapeutic Recreation (TREC) Certificate program is designed to prepare individuals for employment in the workplace as a Therapeutic Recreation Director (TRD) in the State of Connecticut. Students in the certificate program meet the standards established in the Public Health Code of the State of Connecticut which emphasizes that quality patient care will be provided by graduates to individuals in chronic, long term care facilities such as assisted living facilities, convalescent nursing homes, other care facilities with nursing supervision, and community settings.

## Learning Outcomes

The Therapeutic Recreation Certificate is dedicated to educating and training students to become competent professionals in the field.

Graduates will:

1. Meet the state health code requirements to hold the position of therapeutic recreation director (TRD) in the State of Connecticut.
2. Demonstrate the ability to comprehend and apply the necessary skills required of a therapeutic recreation director.
3. Demonstrate the ability to comprehend the needs of individuals with special needs and the positive outcomes of therapeutic recreation intervention.
4. Demonstrate the ability to successfully assess, plan, implement, and evaluate therapeutic recreation programs for individuals with special needs both in a clinical and community setting.
5. Demonstrate leadership, interpersonal, and communication skills necessary to work in a health care or community-based setting.

## Certificate Requirements

Code	Title	Credits
<b>Required Courses</b>		
ENG 1010	Composition	3
HSER 1001	Introduction to Human Services	3
PSY 1011	General Psychology I	3
TREC 1001	Introduction to Therapeutic Recreation	3
TREC 1002	Processes and Techniques in Recreation	3
TREC 2001	Therapeutic Recreation Program Planning	3
TREC 2023	Leisure and Aging	3
SOSC 2094	Cooperative Education/Work Experience	3
or HSER 2696	Human Services Practicum I	
HSER 2420	Group and Interpersonal Relations	3
or PSY 1005	The Psychology of Group Dynamics	
TREC 2015	Recreational Leadership and Supervision	3

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