

MASSAGE THERAPY (MASG)

MASG 1001 Massage Theory and Practice (3 Credits)

This course will discuss therapeutic massage by exploring professional touch, the history of massage and review of scientific research into the effects of massage therapy including indications, contraindications, universal precautions, health related issues and wellness education. Professional environment. Students will learn the physiological as well as psychological effects of touch.

Previous: Legacy Equivalent(s): MAS* 101

MASG 1004 Massage Therapy I (4 Credits)

Through lectures, discussion, and demonstration students will learn: How to set up and adjust the massage table, proper body mechanics, effects and usage of effleurage, petrissage, and compressions, proper draping of back, gluteal, anterior and posterior legs, chest, and abdominals.

Additional fees may apply

Previous: Legacy Equivalent(s): MAS* 104

MASG 1016 Anatomy and Physiology for Healthcare (4 Credits)

This course is a basic study of the structure and functions of the human body. It is designed to provide the fundamental knowledge of how each system functions. The anatomy and physiology of the integumentary system will be discussed. The skeletal system and the muscular system will be covered in detail. Blood, cardiovascular system, lymph system, and the digestive system will also be discussed. Disorders and medical treatments particular to each system will be highlighted.

Previous: Legacy Equivalent(s): MED* 116

MASG 1022 Musculoskeletal Anatomy (4 Credits)

Through lectures, discussion, students will learn the basic structure and functions of the Skeletal and Muscular anatomy of the upper and lower body. Students will learn the muscle names, origin, insertion, actions and commonalities of the muscles.

Additional fees may apply

Previous: Legacy Equivalent(s): MAS* 122

MASG 1033 Pathology I (3 Credits)

Through lectures, discussion, and demonstration students will learn: pathologies of the Integumentary, Musculoskeletal, Nervous and Cardiovascular systems. In addition, students will learn the indications and contraindications for pathologies of the aforementioned systems as they relate to massage therapy.

Previous: Legacy Equivalent(s): MAS* 133

MASG 1070 Massage and Business Ethics (3 Credits)

This course presents an overview of the contemporary Massage Therapy business world, focusing on operation, finance, , planning, personnel management, client confidentiality, and client file/record maintenance. Emphasis is also placed upon licensing requirements and business ownership and entrepreneurship in the Massage Therapy practice. Basic corporate entities such as C, S, and professional corporations will be discussed. This course also acquaints massage therapy students with State and National law and ethics guidelines, ethical practices and basic personal psychology concepts. Students will also be introduced to the concepts of self-assessment and self-esteem in an effort to assist them in understanding the process involved with making the changes necessary in their lives to facilitate success in their chosen career.

Previous: Legacy Equivalent(s): MAS* 170

MASG 1104 Massage Therapy II (4 Credits)

Through lectures, discussion, and demonstration students will learn further techniques including how to set up and adjust the massage table, proper body mechanics, effects and usage of massage therapy, including cross fiber, friction, tapotement, and vibration.

Prerequisites: MASG 1004 with a grade of C or higher

Additional fees may apply

Previous: Legacy Equivalent(s): MAS* 148

MASG 2004 Massage Therapy III (4 Credits)

Through lectures, discussion, and demonstration students will learn: how to set up and adjust side lying position, proper body mechanics, effects and usage of trigger point, myofascial release, and hydrotherapy.

Prerequisites: MASG 1104 with a grade of C or higher

Additional fees may apply

Previous: Legacy Equivalent(s): MAS* 248

MASG 2022 Kinesiology (3 Credits)

Through lectures and discussion, students will learn the basic structure and functions of the anatomy, biomechanics and muscles types including the principles of the human movement. In addition, students will learn the neuromuscular concepts and principles. Students will also learn how these concepts apply to massage therapy.

Prerequisites: MASG 1022

Previous: Legacy Equivalent(s): MAS* 222

MASG 2033 Pathology II (3 Credits)

Through lecture, discussion, and demonstration students will learn: pathologies of the lymphatic, respiratory, digestive, endocrine, urinary, reproductive systems, as well as principles of cancer. In addition, learn the indications and contraindications for each pathology as they relate to massage therapy.

Previous: Legacy Equivalent(s): MAS* 233

MASG 2090 Massage Therapy Capstone Seminar (4 Credits)

This is the capstone course for the Massage Therapy major and should be taken in the student's last semester. This course provides an opportunity for students to complete, present, and receive feedback on their research projects. The projects will be evaluated by peers and faculty. It also provides students an opportunity to reflect upon and integrate their course learning with their life and work experiences and to relate their learning to the massage therapy field.

Prerequisites: CT and/or MA Massage Therapy License

Previous: Legacy Equivalent(s): MAS* 295

MASG 2095 Clinical Internship (4 Credits)

Throughout this clinical internship, students will complete 100 hours of massage on clients from the public. Student will have the opportunity to apply knowledge obtained throughout the Massage Therapy program in a true therapeutic environment.

Prerequisites: MASG 2004 with a grade of C or higher

Additional fees may apply

Previous: Legacy Equivalent(s): MAS* 260