

NUTRITION AND DIETETICS (NTRN)

NTRN 1001 Introduction to Dietetics (3 Credits)

Discusses career and educational pathways for dietetic technicians and registered dietitians. Introduces students to the health care team concept and describes the roles of health professionals. Covers ethical issues in health care and nutrition. Introduction to medical terminology.

Previous: Legacy Equivalent(s): NTR* 101

NTRN 1002 Nutrition I: Principles of Nutrition (3 Credits)

A study of the science of nutrition including the chemical structure, function, digestion, absorption, and metabolism of nutrients. Class discussion will emphasize how poor dietary habits contribute to the formation of diseases associated with the Western diet. Students critically analyze their own diets with respect to nutritional content and adequacy.

Previous: Legacy Equivalent(s): NTR* 102

NTRN 1003 Nutrition Therapy I (3 Credits)

Applies the principles of nutrition assessment, menu planning, and the nutrition care process to meet the needs of individuals and groups with a variety of nutritional requirements.

Prerequisites: A grade of C or higher in NTRN 1002

Previous: Legacy Equivalent(s): NTR* 103

NTRN 1005 Food Management System (3 Credits)

Introduces principles of institutional food service management. Includes fundamentals of menu planning, recipe standardization, purchasing, production, equipment, quality control, marketing, and use of computers in food service.

Prerequisites: eligible for MATH 1002

Previous: Legacy Equivalent(s): NTR* 105

NTRN 1020 Foods (3 Credits)

Presents and applies basic food preparation, basic food science, cooking equipment, menu planning, developing and testing quality food products.

Prerequisites: eligible for MATH 1002

Previous: Legacy Equivalent(s): NTR* 120

NTRN 2000 Nutrition Through the Life Cycle (3 Credits)

Covers the stages of the life cycle including the nutritional needs for growth, development and normal functioning of individuals. The stages include preconception, pregnancy, lactation, infancy, toddler, school-age children, adolescent, adulthood and aging adulthood. It includes age-specific conditions and interventions.

Prerequisites: BIO 1111, NTRN 1002

Previous: Legacy Equivalent(s): NTR* 200

NTRN 2001 Community Nutrition Education (3 Credits)

Provides a community approach to nutrition education. Students will develop skills in presenting nutrition education programs to small groups or classes.

Prerequisites: NTRN 1003 and COMM 1301

Previous: Legacy Equivalent(s): NTR* 201

NTRN 2002 Nutrition Therapy II (3 Credits)

Focuses on the physiological principles and nutritional needs of more complex conditions. Increases medical terminology vocabulary.

Prerequisites: A grade of C or higher in NTRN 1003, BIO 1111, and CHEM 1110. Note: BIO 1111 and CHEM 1110 must be taken within 5 years of beginning this course unless waived by the program coordinator.

Previous: Legacy Equivalent(s): NTR* 202

NTRN 2005 Management in Dietetics (3 Credits)

Focuses on the management principles utilized in nutrition and dietetics including the overview of management; tools for managers; human resources management; managing financial resources and new directions in management.

Prerequisites: NTRN 1005

Previous: Legacy Equivalent(s): NTR* 205

NTRN 2095 Nutrition Internship I (3 Credits)

Introduces basic skills and competencies in the delivery of food and nutrition care through classroom theory, clinically supervised practice and simulations/hands-on lab. Students are required to complete 150 hours of supervised practice in food service, clinical and/or community nutrition programs.

Prerequisites: NTRN 1003, NTRN 1020, HOSP 1109, BIO 1111, and MATH 1002 or higher and valid ServSafe Certification for the duration of the internship. A minimum GPA of 2.8 and a C in all nutrition, science and math courses are also required for this class.

Previous: Legacy Equivalent(s): NTR* 210

NTRN 2195 Nutrition Internship II (3 Credits)

Refines student skills and competencies in the delivery of food and nutrition care through classroom theory, clinically supervised practice and simulations/hands-on lab. Students are required to complete 150 hours of supervised practice in food service, clinical and/or community nutrition programs.

Prerequisites: NTRN 2095

Previous: Legacy Equivalent(s): NTR* 212

NTRN 2295 Nutrition Internship III (3 Credits)

Refines student skills and competencies in the delivery of food and nutrition care through classroom theory, clinically supervised practice and simulations/hands-on lab with a focus on the development of professional skills. Students are required to complete 150 hours of supervised practice in food service, clinical and/or community nutrition programs.

Prerequisites: NTRN 2195

Previous: Legacy Equivalent(s): NTR* 214